



YOU TAKE CARE OF ME, NO MATTER WHAT. YOU ARE MY FATHER.

Every day, from this day forward, you get to choose what kind of father you'll be.

And you don't have to live with your children or their mother to play a meaningful role in their lives. Even if you don't live with your children, your support, involvement and care matter.

As their father, you can show you care by staying interested in their schooling and their health, by playing and spending time with them, and by respecting their mother, in addition to the important role of providing financial support throughout.

For more on fathers & support: www.men-care.org

Men Care

MenCare is coordinated by:

