YOU ARE MY BEACH BUDDY.
YOU ARE MY FATHER.

There’s nothing like the sound of your children laughing - except maybe if they’re laughing because they are playing with you. But play isn’t just fun and games. Playing leads to discovery, encourages creativity that helps them learn, and creates a lasting bond. Whenever you can, play with your children. It’s more fun than you ever imagined.

For more on fatherhood and responsibility, go to www.Men-Care.org